



THE WESTSIDER— November 2009

Santa Monica Adaptive Recreation and Sports (SMARS)



Fall Programs Update



Bowling: There will be no bowling practice on Saturday, Nov. 28th due to the Thanksgiving holiday



Floor Hockey: There will be floor hockey practice on Saturday, Nov. 28th.

ATHLETE MEDICALS

If your medical is out of date you will not be allowed to sign-up or participate in the Spring Special Olympics programs. Please call Pam at 310.450.4978(h) or 310.206.5523(w) if you need forms or have questions about your medical. **To make the process smoother, Pam encloses a stamped reply envelope for you to mail the completed medical back to her directly, so it's not lost.** Please do not ask the coaches to allow you to practice if you know your medical is not current.

SOCIAL CLUB

- Nov. 5th** **Dinner @ Islands**
6:30-8:00 \$17.00 – Must RSVP
- Nov. 12th** **Movie Night**
Call for details \$15 Must RSVP
- Nov. 19th** **Thanksgiving @ Memorial Park**
6:30-8:30 Must RSVP & sign up for a dish to bring
- Nov. 26th** **NO SOCIAL CLUB**

Explorers

- Nov. 13th** **Clipper vs. Toronto**
5:45pm-10:00pm \$27.00 Must RSVP

If you are interested in the Explorer trips, or have questions regarding Social Club, please RSVP or call Natasha or Silvia at (310) 458-2201 X2020. If you RSVP, you are responsible for the fee or admission for that program.

HAPPY THANKSGIVING



THANK YOU!

Westside would also like to thank the volunteers who helped with the set-up, chaperoning & breakdown at our Pier Del Sol event.

FALL SPORTS UPDATE

The Westside fall sports season is starting in September. If you have not signed up for a sport, please do not just show up. You will not be allowed to participate. If you have your signup form for floor hockey or volleyball fax or mail it to Silvia in the WSO office.

Floor Hockey began on Saturday, September 12th, from 9am to 11am at Memorial Park (14th & Olympic), Santa Monica.

Volleyball began on Monday, October 5th, from 7pm-8:30pm at Windward School in Mar Vista (Palms Blvd. and Sawtelle)

Bowling (Session II) started on Saturday, October 3rd, from 8:30am-10:30m at Bayshore Bowl (Pico and 2nd St.)

Change of Address or Phone Number

Have you moved recently or changed your contact phone numbers? If you have, please remember to inform us. Thank You!

SMARS Phone Numbers & Hours

Day Phone Number: (310) 458-2201. If after business hours, you can leave a message on voice mail by calling (310) 458-2201 x 2020. Fax number (310) 452-9407

SMARS SupervisorTony—X200
 SMARS AdministratorSilvia—X202
 Social ProgramsNatasha—X2027