



## PALISADES PARK/4TH STREET WALK

Start this walk at the Santa Monica Pier entrance with a stroll or jog through historic, beautiful Palisades Park that runs along Ocean Avenue at the top of Santa Monica's famous sandstone cliffs overlooking the beach. Enjoy the City's largest park (26 acres) with awe-inspiring views of the sea, towering palm trees lining the way, well manicured, grassy parkland and a decomposed granite path. Walking through the park, notice various public art installations, a pergola and rose garden as well as a variety of plants and trees all labeled with the species name and origin. Pass by the Senior Recreation Center, the Camera Obscura, and the Visitors' Center kiosk. At the northernmost end of the park, follow the curve of Ocean Avenue onto Adelaide Drive and continue walking to 4th Street. Fitness enthusiasts come from all over to experience the challenge of the 4th Street Stairs. Some choose to walk, while others run up and down the 1,700 cement steps. Many choose to finish or start their workout by doing sit-ups and push-ups on the grass in the center median.

**TOTAL NUMBER OF STEPS: 3726 (1.9 miles)**

Public amenities available along the route include outdoor public restrooms, drinking fountains and park benches. This walk is wheelchair accessible.