



# SANTA MONICA POLICE ACTIVITIES LEAGUE



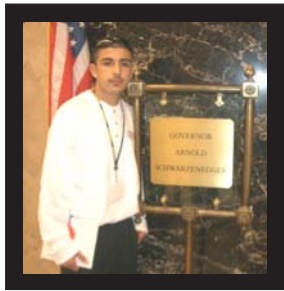
1401 Olympic Blvd.  
Santa Monica, CA 90404  
(310) 458-8988

## Mission

PAL is a unique community organization that fosters trust between youth and the men and women of the Santa Monica Police Department in a safe and nurturing environment. Through outstanding educational, cultural, recreational, and outreach programs, PAL helps develop skills and self-esteem, encouraging youth to reach their full potential.



OUR COMMUNITY STARTS HERE



*"If it wasn't for PAL, I wouldn't be doing so well in school..."*

Diego Godinez, PAL Alumni  
Cal State San Marcos

## About Us

PAL provides free educational, cultural, and recreational programs for youth ages 6 - 17 years. Activities offered include homework assistance, computer classes, cooking, creative dramatics, arts & crafts, dance, karate, basketball, excursions, and special events. A slate of activities, including trips, sports leagues, specialized classes, and computer instruction is available to teens ages 14 - 17 years. Coaches and instructors for the PAL program come from the Santa Monica Police and Community and Cultural Services Departments and from community members who volunteer their time. The PAL Youth Center is open Monday through Saturday.



## Homework Assistance

After-school homework assistance is available daily in our classroom. PAL staff and volunteers work with students to complete assignments. One-on-one tutoring is also available to those students who need special attention. Grades, school attendance, and behavior are monitored throughout the school year. A daily healthy snack is provided to all participants.



## Fitness

PAL offers fitness classes including karate, boxing, circuit training, long distance running, and team sports. Programs introduce youth to a wide variety of physical activities that help promote a healthy lifestyle. In the summer of 2005, the newly expanded PAL Youth Fitness Center will open a satellite location in the Pico Neighborhood.



## Enrichment Classes

Seasonal classes are offered to assist youth in developing skills and to encourage their interests and talents. The eclectic mix helps develop a positive self-image and successful interpersonal skills, guiding them to play a constructive role in society. Balancing athletic and recreational activities with academics, the classes are designed to give each child a well-rounded experience.

**A SAFE, FUN PLACE FOR KIDS...**

## Youth Leadership Council (YLC)



The Youth Leadership Council (YLC) provides teens leadership opportunities, instructs them in the process of governance, and gives them a voice in determining PAL activities. YLC members perform many hours of community service.