

FAMILY GUIDE

S A N T A M O N I C A

**YOUR GUIDE TO CHILDCARE,
AFTER-SCHOOL ACTIVITIES, PARKS,
MUSEUMS, LIBRARIES AND OTHER
SERVICES IN SANTA MONICA**



City of **Santa Monica**[®]

If you notice information that is missing or needs to be updated, please call the Human Services Division at (310) 458-8701 or TTY (310) 458-8696. We anticipate reprinting this guide every few years. Programs and services are subject to change. Listings do not constitute an endorsement by the city. Please contact each agency for information on its current programs and services.



We are pleased to present the 2007-08 Santa Monica Family Guide, your directory to the many valuable family programs and resources offered in our community.

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PARENTING & SUPPORT SERVICES

Your Child's Growth & Development

Expecting a baby? Are you a new parent? Do you have questions about your child's development or special needs? Information is available through hospitals, health clinics, schools and other community organizations throughout the city. There are parent support programs and community classes available on topics such as labor and delivery; infant safety and CPR; breastfeeding support and healthy physical, cognitive, and emotional development of babies & young children. Some programs may charge a fee for their services.

- City of Santa Monica Community Classes www.smgov.net/seascape 458-2239
- American Red Cross of Santa Monica www.redcrossofsantamonica.org 394-3773
- Autism Society of America - L.A. Chapter www.asalosangeles.org 562/804-5556
- Because I Love You (for parents of teens) www.becauseiloveyou.org 659-5289
- California Children's Services for children with physical disabilities and chronic health conditions www.dhs.ca.gov/pcfh/cms/ccs 800/288-4584
- Connections for Children www.cfc-ca.org 452-3202
- Down Syndrome Association of Los Angeles www.dsala.org 818/242-7871
- Early Childhood Parenting Center www.parentingtots.org 281-9770
- El Nido Family Centers www.elnidofamilycenters.org 392-7768
- Family Service of Santa Monica www.vistadelmar.org 451-9747
- Hill & Dale Family Learning Center www.hillndale.org 450-2803
- Independent Adoption Center www.adoptionhelp.org 215-3180
- Les Kelley Family Health Center www.medctr.ucla.edu/santa-monica 319-4700
- Making Lemonade - The Single Parent Network www.makinglemonade.com 395-2923
- SMMUSD Infant & Family Support Program* www.smmusd.org 452-6132
- Saint John's Child & Family Development Center www.stjohns.org 829-8921
- The Birthplace at Santa Monica-UCLA Medical Center and Orthopaedic Hospital www.healthcare.ucla.edu/santa-monica/programs 319-4947
- The Pump Station www.pumpstation.com 998-1981
- Venice Family Clinic/Simms-Mann Wellness Center www.venicefamilyclinic.org 392-8636
- Vista Del Mar Child & Family Services www.vistadelmar.org 836-1223
- Westside Family Health Center www.wfhcenter.org 450-2191
- Westside Family Resource and Empowerment Center for parents of children with special needs www.westsiderc.org 258-4063
- Westside Regional Center www.westsiderc.org 258-4000
- YMCA www.ymcasm.org 393-2721
- YWCA www.smywca.org 452-3881

*The SMMUSD Infant and Family Support Program, funded by a grant from Saint John's Health Center, has Family Advocates available who welcome your call and can provide you with information on local activities, resources and services to assist your family during these happy, challenging and crucially important early years.



EDUCATION & LITERACY

Early Childhood and Childcare

The City of Santa Monica recognizes the importance of high-quality childcare and preschool programs to both residents and those individuals who work in our community.

Childcare centers provide an early childhood education program in a group setting for infants, toddlers, preschool-age (2-5 years), and school-age (5-12 years) children. Most provide services weekdays between 7:00 am and 6:00 pm, though many preschool programs operate part-day and/or have part-week sessions. **Family Childcare** offers care in provider's home. Family childcare homes are licensed as either Small Family Childcare (up to 6 children) or Large Family Childcare (up to 12 children). You may also have **In-Home** care by hiring someone (babysitter, nanny, au pair, relative) to care for your child in your home. You set the hours, responsibilities, rules and pay. Caregivers should at least receive training in Infant/Child First Aid and CPR. It is recommended that you obtain a TrustLine fingerprint clearance for the provider, which is a background check through State and FBI criminal records and the State Child Abuse Index.

The following resources can help you navigate the public and private early childhood/childcare system.

- **Connections for Children** www.cfc-ca.org 452-3202
For information on finding early childhood/childcare.
- **City of Santa Monica Human Services Division** www.smgov.net/hsd 458-8701
- **TrustLine Registry** www.trustline.org/ 800/822-8490
For information on In-Home care.

Finding Help to Pay for Childcare or Preschool

Financial assistance to pay for an early childhood/childcare program may be available to your family, depending on your income, child's age and family size. Please do not hesitate to ask about financial assistance. You may be placed on a wait list, but do not let this discourage you—be sure to complete an application. These programs offer financial assistance through a variety of local, state and federal funding sources.

- **St. Joseph Early Learning Center** 392-4935
- **SMMUSD, Child Development Services** 399-5865
- **The Children's Place** 399-6405
- **Delta Sigma Theta Head Start Delegate Agencies:**
 - Los Amigos Head Start 450-1792
 - Masonic Head Start 828-0590
- **Venice Family Clinic Early Head Start** 392-8630

PUBLIC SCHOOLS

Santa Monica-Malibu Unified School District *1651 16th St.* 450-8338
www.smmusd.org

Elementary Schools

- Edison Language Academy *2425 Kansas Ave.* 828-0335
- Franklin Elementary School *2400 Montana Ave.* 828-2814
- Grant Elementary School *2368 Pearl St.* 450-7651
- John Muir Elementary *2526 6th St.* 399-7721
- McKinley Elementary *2401 Santa Monica Blvd.* 828-5011
- Roosevelt Elementary *801 Montana Ave.* 395-9227
- Will Rogers Learning Community *2401 14th St.* 452-2364
- SMASH Alternative School (K-8) *2525 Fifth St.* 396-2640

Middle Schools

- John Adams Middle School *2425 16th St.* 452-2326
- Lincoln Middle School *1501 California Ave.* 395-0941

High Schools

- Santa Monica High School (SAMOHI) *601 Pico Blvd.* 395-3204
- Olympic High School *721 Ocean Park Blvd.* 392-2494
- Santa Monica Community Day School *1401 Olympic Blvd.* 581-5739



After-School Programs

Now that your child has entered elementary school, you may have questions about an after-school care program for your child. After-school programs may be operated by schools, family childcare providers, recreation centers, youth-serving organizations, and childcare centers. Also known as extended day programs, before- and after-school programs provide enrichment, academic instruction, recreation and supervised care. An array of drop-in and part-time programs also serve an ad hoc childcare function.

Financial assistance may also be available for after-school programs through Connections for Children, City of Santa Monica or Santa Monica-Malibu Unified School District. Please be sure to ask if you qualify for financial assistance.

- **CREST Program (Child Care, Recreation, Enrichment, Sports Together!)**
CREST is a partnership of the City of Santa Monica and SMMUSD.

- **Primary CREST** www.smmusd.org **399-5865**
Operated by SMMUSD, services include before- and after-school childcare and winter/spring/summer camps for grades K-3

- **Upper CREST** CREST.smgov.net **458-8540**
Operated by the City of Santa Monica, services include before- and after-school childcare for grades 4-5

These additional CREST program components are operated through the City of Santa Monica:

- Enrichment Classes grades K-8
- Youth Sports grades K-8
- Playground Access grades 1-5
- Winter/Spring/Summer camps ages 8-14

- **Santa Monica Police Activities League (PAL)** [1401 Olympic Blvd.](http://1401OlympicBlvd.smgov.net/hsd/pal.htm) **458-8988**
www.smgov.net/hsd/pal.htm

PAL is a drop-in youth center featuring:

- a gym
- a computer lab
- field trips
- athletic events
- structured programs

- **Virginia Avenue Park** [2200 Virginia Ave.](http://2200VirginiaAve.smgov.net) **458-8688**
vapark.smgov.net

VAP offers free educational, cultural and recreational programs featuring:

- a teen center
- a computer lab
- homework assistance
- a gym and workout area
- boxing and martial arts classes
- cultural arts activities

- Boys and Girls Club of Santa Monica www.bgca.org 393-9629
- YMCA www.ymcasm.org 393-2721
- YWCA www.smywca.org 452-3881

Adult Education/Job Preparation

Do you want to obtain your high school diploma or GED? Would you like to improve your English language skills? Do you need help writing a resume? Here are some helpful programs. Childcare is provided for some of the class sessions.

- Jewish Vocational Services 309-6000
- Pico Youth & Family Center www.picoyouth.org 396-7101
- Pico Partnership www.smc.edu/picopartnership 434-3620
- Santa Monica College Small Business Development Center 323/761-8888
- Santa Monica - Malibu Unified School District www.smmusd.org 664-6222
- SMMUSD Adult Education www.smmusd.org 664-6622
- Venice Skills Center www.veniceskills.org 392-4153
- YWCA www.smywca.org 452-3881



VOLUNTEER & MENTOR OPPORTUNITIES

Join over 1,000 volunteers who offer their talents and skills to assist in a variety of city programs and departments. The City of Santa Monica has several openings for volunteers of all ages in positions working with youth, seniors, library services, police, fire and more! Call 458-8300 or e-mail volunteer@smgov.net to request a brochure and registration card.

SANTA MONICA PUBLIC LIBRARY

www.smpl.org

Early literacy development begins with families reading and storytelling together. Parents, caregivers and providers help children develop language and literacy skills. These library resources help make reading and storytime fun. Teen and adult programs are also available.

- **Main Library Youth Services** *601 Santa Monica Blvd.* **458-8621**
- **Fairview Branch** *2101 Ocean Park Blvd.* **450-0443**
- **Montana Ave. Branch** *1704 Montana Ave.* **829-7081**
- **Ocean Park Branch** *2601 Main Street* **392-3804**

Each library branch also offers regular family programs at no cost, such as:

- **Laptime for Babies** Birth to 24 months
- **Toddler Story Times** 2 year olds
- **Preschool Story Times** 3-5 year olds
- **Family Story Times** 2 years old and up
- **Friday Fun** 4-8 year olds
- **School-age Summer Reading Programs/Read-To-Me Club**
- **Teen Programs**
- **Adult Literacy Programs**

Look in *SeaScape* (www.smgov.net/seascape/) or contact your individual branch for specific information and times. Please check www.smpl.org for the latest information on library services.



TEEN RESOURCES

Academics/Mentoring

- **Boys and Girls Club of Santa Monica** www.bgca.org 393-9629
Homework center
- **Police Activities League (PAL)** www.smgov.net/hsd/pal.htm 458-8988
Computer lab and homework assistance
- **Pico Youth and Family Center** www.picoyouth.org 396-7101
Offers tutoring, computer lab and other support services (ages 16-24)
- **SAMOHI Tutoring** 395-3204
Sign up in the activities office. Monday–Thursday 3:30 - 4:30 pm
Saturday 9 am - 12 pm
- **Santa Monica Public Library** *on-line tutoring at* www.tutor.com 458-8621
- **Virginia Avenue Park** vapark.smgov.net 458-8688
Computer lab, homework assistance, tutoring and SAT prep classes
- **YMCA Teen Center** www.ymcasm.org 393-2721
Computer lab and homework room

Clubs, Leadership & Volunteer Opportunities

- **City of Santa Monica Volunteer Program** 458-8300
- **Police Activities League (PAL)** www.smgov.net/hsd/pal.htm 458-8988
Offers leadership opportunities, recreation and Friday night teen activities
- **Santa Monica Public Library Teen Advisory Council** www.smpl.org 458-8799 x566
Plans and promotes programs for teens and advises the library
- **Boys and Girls Club of Santa Monica** www.bgca.org 393-9629
9-week volunteer work experience program "Leaders in Training"
- **Common Ground** www.commongroundwestside.org 314-5480
Youth training as HIV Peer Educators
- **Dispute Resolution Center** 213/896-6533
www.lacba.org/showpage.cfm?pageid=23
Peer mediation and conflict resolution curricula at local middle schools
- **Explorers - Santa Monica Police Department** 458-8418
Involves youth ages 14-21 with an interest in law enforcement
- **Pico Youth and Family Center** www.picoyouth.org 396-7101
Offers a leadership development program and community service opportunities
- **Santa Monica High School** www.smmusd.org 395-3204
Offers an array of clubs and activities for students
- **Westside Family Health Center** www.wfhcenter.org 450-2191
Offers opportunities for youth to be reproductive health peer educators
- **YMCA Teen Center** www.ymcasm.org 393-2721
Offers a youth and government leadership program for students in 10th-12th grades

Employment & Job Placement

- Jewish Vocational Service 309-6000
- Santa Monica High School Regional Occupation Program 395-9493
Monday-Thursday 3:30-6:30 pm
- Virginia Avenue Park Employment Center 458-8688
Assists with resume-writing, job search, applications and interviewing skills

Pregnant & Parenting Teens

- El Nido Family Centers www.elnidofamilycenters.org 818/830-3646
- Family Service of Santa Monica www.vistadelmar.org 451-9747
- Saint John's Child and Family Development Center www.stjohns.org 829-8921
- SMMUSD Cal-Safe, Teen Parenting www.smmusd.org 395-3204 x167
- Venice Family Clinic Teen Services 392-8630
- Westside Family Health Center www.wfhcenter.org 450-2191

Substance Abuse, Mental Health & Health Services

- Clare Foundation www.clarefoundation.org 314-6215
- Common Ground www.commongroundwestside.org 314-5480
- Didi Hirsch Community Mental Health Center www.didihirsch.org 390-6612
- Family Service of Santa Monica www.vistadelmar.org 451-9747
- Jewish Family Service www.jfsla.org 393-0732
- Saint John's Child & Family Development Center www.stjohns.org 829-8921
- Southern California Counseling Center www.sccc-la.org 323/937-1344
- Westside Family Health Center www.wfhcenter.org 450-2191

Teens with Disabilities

458-2201

The City of Santa Monica provides a variety of social and recreational opportunities specifically for teens with disabilities. Social Club offers a variety of evening social programs and trips into the community. Non-disabled friends are also welcome to join.



RECREATION & SPORTS

Sports Activities & Leagues

The City of Santa Monica and community non-profit organizations offer a wide range of individual, competitive and non-competitive programs for children and adults of all ages and abilities. Look for specific classes and intramural sports programs in SeaScape at www.smgov.net/seascape/class.htm.

Baseball & Softball Leagues

- Little League (ages 5-16) www.sml.com 314-7668
- Pony League (ages 5-14) www.smpony.com 314-7578
- Santa Monica Girls Fastpitch Softball (ages 5 - 16) 828-1912
www.santamonicagirlsfastpitch.org

Basketball Leagues

- CREST Sports (grades 3-8 January - March) CREST.smgov.net 458-8540
- Santa Monica Police Activities League (PAL) (ages 6-17) 458-8988
- Santa Monica Boys and Girls Club www.bgca.org 393-9629
Biddy Basketball League (ages 7-12)
Senior Basketball League (ages 13-18)
- YMCA (ages 3-18) www.ymcasm.org 393-2721
- YWCA (girls ages 7-15) www.smywca.org 452-3881

Football Leagues

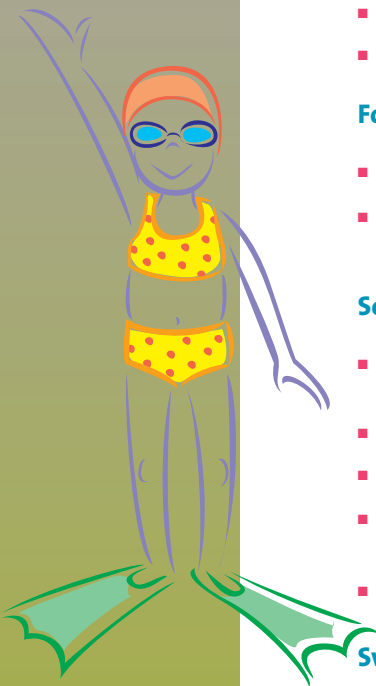
- CREST Sports (flag football - grades 3-8) CREST.smgov.net 458-8540
- Santa Monica Vikings Youth Football and Cheer for Boys and Girls (ages 7-14) www.smvikings.com 396-9744

Soccer Leagues

- American Youth Soccer Organization (AYSO) (ages 4.5-19) 451-6711
www.soccer.org
- CREST Sports (grades K-8) CREST.smgov.net 458-8540
- Pacific Coast Soccer Club (ages 5-19) www.pacificcoastsoccer.org 729-4197
- Santa Monica United Soccer Club (ages 8-19) 459-3058
www.santamonicaunited.com
- 7-on-7 Soccer League (ages 15-19) www.santamonicasports.com 458-2244

Swimming

- Santa Monica Swim Center swim.smgov.net 458-8700
2225 16th Street (Santa Monica College)
- Team Santa Monica (ages 7 and up) www.teamsantamonica.org 818/481-4845



Tennis Lessons / Leagues

- City Tennis Classes (ages 4 and up) www.smgov.net/seascape/class.htm 458-2239
- Santa Monica Tennis Club www.santamonictennisclub.com 281-3196
- Santa Monica Tennis Courts / National Junior Tennis League (ages 8-17) 394-6011
- USTA Tennis Tournaments 453-3009
- Tennis Patrons / Team Tennis (ages 8-14)

Volleyball Leagues

- CREST Sports (grades 3-8) CREST.smgov.net 458-8540

Westside Special Olympics

458-2201 x2020

www.smgov.net/comm_progs/special_olympics.htm

Provides athletic opportunities for youth ages 8 and up with developmental disabilities. Sports include bowling, tennis, gymnastics, track and others. Participants may compete in regional and state tournaments. Martial arts classes are held at PAL (Memorial Park) for individuals with disabilities from ages 13 and up.

Adult Sports

- City of Santa Monica Adult Sports www.smgov.net/seascape/class.htm 458-2244

Playground Partnership

458-8228

Santa Monica-Malibu Unified School District and the City of Santa Monica have collaborated to offer Playground Partnership at the elementary schools listed below. This partnership allows school-aged youth, their friends and families unsupervised use of selected school playgrounds. Playfields, play equipment, paths, basketball courts, handball courts and restrooms are available during certain non-school and non-CREST hours.

- | | |
|------------------------------|-------------------------------|
| ■ Franklin Elementary School | ■ McKinley Elementary School |
| ■ Grant Elementary School | ■ Roosevelt Elementary School |
| ■ John Muir/SMASH | ■ Will Rogers Learning School |



SANTA MONICA PARKS

For park and facility locations, please refer to the map on the back of this Guide.

BBQS
BIKE RACKS
PICNIC TABLES
PLAYGROUND
RESTROOMS
BASEBALL FIELD
SOCCER FIELD
SOFTBALL FIELD
BASKETBALL COURTS
TENNIS COURTS
VOLLEYBALL COURTS
OFF-LEASH DOG AREA

PARK CHECK LIST												
AIRPORT PARK	•	•	•	•	•		•					•
BEACH PARK #1			•		•							
CLOVER PARK	•		•	•	•	•	•	•	•	•	•	
DOUGLAS PARK			•	•	•						•	
EUCLID PARK		•		•								
JOSLYN PARK			•	•	•					•		•
LOS AMIGOS PARK				•	•	•	•		•	•		
MARINE PARK	•	•	•	•	•	•	•	•	•	•	•	•
MEMORIAL PARK/ THE COVE SKATEPARK		•	•	•	•	•	•	•		•		
OZONE PARK			•	•								
PACIFIC STREET PARK			•									•
PALISADES PARK/NORTH		•	•		•							
PALISADES PARK/SOUTH					•							
REED PARK		•		•	•					•	•	•
SOUTH BEACH PARK			•	•	•							
STEWART STREET PARK		•		•	•	•	•		•			•
VIRGINIA AVENUE PARK	•	•	•	•	•				•			•

Skateparks

- The Cove - Santa Monica Skatepark, Memorial Park thecove.smgov.net 458-8228
- Boys & Girls Club of Santa Monica, 1238 Lincoln Blvd. 393-9629

THE ARTS

There are many programs in Santa Monica that provide arts, dance, music and personal development classes. Santa Monica is also home to wonderful art museums and theater venues. The following is a list of different non-profit and city programs. Some of these programs charge a fee. Check if scholarships are available. For more information, visit arts.smgov.net.

Dance & Theater

- 18th Street Arts Center www.18thstreet.org 453-3711
- Dancescence 260-1198
- Miles Memorial Playhouse www.milesplayhouse.org 458-8634
- PowerHouse Theater of Santa Monica 396-3680
- Santa Monica Civic Light Opera (SAMOHI) www.smclo.org 395-3204
- Santa Monica Playhouse 394-9779 x673
- The Madison Project (Santa Monica College) www.smc.edu 434-3431
- Virginia Avenue Project www.virginiaavenueproject.org 264-4224

Museums

- Angel's Attic 394-8331
- Bergamot Station 453-7535
- California Heritage Museum www.californiaheritagemuseum.org 392-8537
- Santa Monica Historical Society Museum www.santamonicahistory.org 395-2290
- Santa Monica College Art Gallery www.smc.edu 434-3434
- Santa Monica College (John Drescher Planetarium) www.smc.edu 434-3000
- Santa Monica Museum of Art www.smmoa.org 586-6488
- Santa Monica Pier Aquarium www.healthebay.org 393-6149

Music

- Santa Monica Music Center www.santamoniamusic.com 453-1928
- The Cornerstone Music Conservatory 586-7403



FINANCIAL HELP

Do you or your family need help to obtain food, money, housing and health care? If you need financial assistance to help make life better for your family, there are organizations and government programs that can provide this support. Individuals and families must meet specific income criteria and funds may not be available immediately.

Food Assistance

Contact your elementary school to see if you qualify

- SMMUSD (free and reduced-price lunch programs)
- Women, Infants and Children (WIC) 888/942-2229
Formula and Food Supplement Program

Health Insurance/Low-Cost Health Care

- Health Insurance Enrollment (Healthy Families, Medi-Cal, California Kids)
 - Department of Public Social Services 877/597-4777
 - Infant & Family Support Program 452-6132
 - Venice Family Clinic 392-8636
 - Westside Family Health Center 450-2191
- Les Kelley Family Health Center 319-4700

Housing Assistance

- City of Santa Monica Housing Authority (Section 8) 458-8740
- Community Corporation of Santa Monica 394-8487
- Project New Hope - for singles and families with HIV/AIDS 250-9481
- Westside Center for Independent Living (WCIL) 390-3611
Housing for people with disabilities

Cash Assistance & Food Stamps

- Department of Public Social Services 877/597-4777

Legal Help & Advocacy

- Dispute Resolution Services www.lacba.org 213/627-2727
- Legal Aid Foundation of Los Angeles (LAFLA) www.lafla.org 899-6200
 - General Community Legal Services
 - Domestic Violence Program
- City of Santa Monica City Attorney's Office 458-8336
 - Tenants Rights
 - Fair Housing
 - Disability Rights
- Westside Center for Independent Living www.wcil.org 390-3611
- The People's Guide to Welfare, Health & Other Services
www.lacehh.org/tpg/index.php

HEALTH & FITNESS

Obesity and being overweight seriously threaten the health of children and adults today. Because families are busier than ever, parents sometimes don't have the time to prepare home-cooked meals and children don't always have the time to participate in an exercise program.

Achieving and maintaining a healthy weight are key to good health. Parents set the example for their children by preparing nutritious, low-fat meals and taking part in their own exercise programs. Healthy, well-nourished, physically fit children learn better.

Here are some places to go to learn about healthy eating and fitness:

- **City of Santa Monica*** www.smgov.net/seascape/class.html **458-8300**
 The city offers a wide range of health and fitness classes and activities for children, youth and adults (including seniors) at park locations, such as martial arts, dance and yoga. The city also offers programs such as basketball, volleyball, tennis, swimming and an open gym. Seniors can participate in an array of activities at the Senior Recreation Center and enjoy a hot, nutritious lunch, Monday-Friday.
- **Kidshape*** www.kidshape.com **888/600-6444**
 Targets overweight children and their families
- **Police Activities League (PAL)** **458-8988**
 Activities, classes and programs promoting personal growth, health and fitness
- **Power Play*** **323/937-7811**
 Helps overweight children ages 5-19 learn the importance of a healthy, active lifestyle. Burke Health Center
- **Shaped for Life*** **393-2721 x138**
 Teaches proper nutrition and exercise to get and stay healthy.
 Santa Monica YMCA
- **YWCA*** www.smywca.org **452-3881**
 Offers a variety of classes and activities to promote health and fitness

**Fee for service. Contact each program for more information on reduced fees, scholarships and health insurance eligibility.*



WORKING TOGETHER FOR A CLEANER ENVIRONMENT

Children are especially vulnerable to environmental pollutants because they are still developing. Learn how to protect your children from exposure to the toxins present in all homes. Find out more about the hazards of lead, disinfectants, cleaners, art supplies, pesticides and other chemical products, and how to effectively reduce or eliminate their use.

- City of Santa Monica Environmental Programs Division 458-2213
www.smepd.org
- Environmental Health Center/National Safety Council 202/293-2270
- California Childhood Lead Poisoning Prevention Program 800/597-LEAD
- California Poison Control System 800/876-4766



SUPPORT FOR ADULTS/SENIORS

Are you an older adult looking for recreational and support services? Here are support services and community resources especially for you.

Food Assistance

- Meals on Wheels West *www.meals-on-wheels.net* 394-5133
- City of Santa Monica Senior Recreation Center 458-8644
- Virginia Avenue Park (VAP) 458-8688

Counseling and Support Services

- Jewish Family Service *jfsla.org* 393-0732
- Westside Center for Independent Living *www.wcil.org* 390-3611
- WISE Senior Services *www.wiseseniorservices.org/* 394-9871

Health & Fitness

- Center for Healthy Aging *www.centerforhealthyaging.org* 828-1243
- Emeritus College *www.smc.edu* 434-4306
- UCLA Healthcare 50 Plus *www.healthcare.ucla.edu* 800/516-5323
- Saint John's Health Center TLC Program *www.stjohns.org* 581-7000
- YMCA (Santa Monica Family) *www.ymcasm.org* 393-2721
- YWCA *www.smywca.org* 452-3881

HELPLINES

■ 211 Los Angeles County	211
■ Alanon Family Office	818/760-7122
■ Alcoholics Anonymous	888/684-6444
■ AIDS Hotline	800/273-2437
■ Break the Cycle	888/988-8336
■ California Childcare Health Program - Childcare Healthline	800/333-3212
■ Child Abuse Hotline	800/540-4000
■ Childhelp USA	800/422-4453
■ Domestic Violence Helpline	800/978-3600
■ Early Start Baby Line	800/515-2229
■ Gay and Lesbian Community Services Center	323/993-7400
■ Legal Aid Foundation	310/899-6200
■ Narcotics Anonymous	818/997-3822
■ Teen Line	310/855-4673
■ Venice Family Clinic Helpline	310/664-7800



City of **Santa Monica**®

Human Services Division
 Community & Cultural Services Department
 1685 Main Street, Room 212
 Santa Monica, CA 90401
 310-458-8701 / 310-458-8696 TTY
humanservices.smgov.net

